“Physical Activity and Sedentary Behavior in a Study of Latinos”

by

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Elizabeth Grubert received her DrPH degree in Epidemiology at New York Medical College--School of Public Health Practice. She is an Assistant Professor in the Epidemiology and Biostatistics Department at the School of Public Health, University at Albany. Her three interconnected research themes are: (1) examining physical activity prevalence and its relationship with adverse and positive health outcomes in older adults; (2) examining the health status of older Latino adults; and, (3) exploring new ways for assessing physical activity among older adults of diverse ethnic backgrounds in epidemiological studies. Elizabeth is a mentee of the Program to Increase Diversity among Individuals Engaged in Health-Related Research sponsored by the National Heart, Lung, and Blood Institute. Elizabeth teaches courses in Principles and Methods of Epidemiology, Social Class, Race and Culture in Epidemiology and Chronic Disease Epidemiology.

Reception following talk